



The Township of Jefferson  
Mayor's Wellness Campaign

# Saturdays in the Parks

(and sometimes Sundays)

Saturday

**August**

**5**

**Tai Chi** 11 am - 12 pm

Register: [tinyurl.com/yc6b4fyr](https://tinyurl.com/yc6b4fyr)

Tai Chi Instructor, Rob Miller

White Rock Pavilion (44 White Rock Blvd., Oak Ridge)

Sunday

**September**

**24**

**Domestic Violence Walk/Run** 10 am - 12 pm

Register: [tinyurl.com/56fsbv4x](https://tinyurl.com/56fsbv4x)

In memory of Christie Solaro

A domestic violence awareness walk/run and resource event

Begin at White Rock Pavilion (44 White Rock Blvd., Oak Ridge)

Sunday

**October**

**1**

**Wrobo Run**

25th Annual Run/Walk

Register:

<https://runsignup.com/Race/NJ/LakeHopatcong/Jefferson5KRaceWalk>